



METAL
HEALTH

An Iron Casting Workshop for Veterans

Hosted by
Shepherd University Fastener Lab
&
Evolution Studio

April 2nd – 4th

A three-day intensive workshop for veterans to learn iron casting processes with an emphasis on mental well-being through creative outlets.

Learn how to make a sand mold for metal casting
Introduction to the design and operation of a cupola furnace
Prepare and Participate in an iron casting event

For more information and registration please visit
sufastenerlab.org/fastenerlab/metal-health
Or
Contact fastenerlab@shepherd.edu